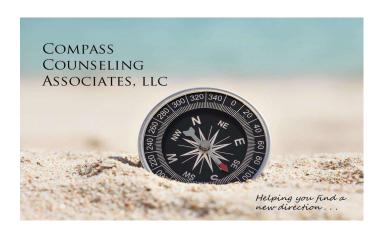
Women's Empowerment Group



THIS WOMEN TO WOMEN EMPOWERMENT GROUP UTILIZES MINDFULNESS PRACTICES TO ADDRESS THE CHALLENGES THE WOMEN OF TODAY FACE. TOPICS INCLUDE SELF-ESTEEM, EMPOWERMENT, LIFE TRANSITIONS AND RELATIONSHIPS.



WEDNESDAYS AT 11:30 AM- 1:00 PM \$50 FOR 6 WEEKS 01/22/20-01/26/20 OPEN TO ALL WOMEN IN THE COMMUNITY

ADVANCE
REGISTRATION
REQUIRED
FACILATATOR:
KENDRIA BROWN

COMPASS COUNSELING 9180 Estero Park Commons Suite 2 Estero, Fl 33928

Telephone: 239- 495-7773

Email: kendrialynn@gmail.com