

# CARING FAMILIES GROUP



## *A loved one addicted? Wondering what to do?* Join other families and friends to support your loved ones recovery.

Addiction is called “a family disease” for good reasons, and families need help in their own right. With care and support, families are able to work through the chaos they’ve experienced, understand how to set healthy boundaries and begin to rebuild a trusting relationship with their recovering loved one.

Beginning a healthy way forward for your family starts with getting help and support for yourself. You’ve already taken the most important step. You’re looking for answers, care and support. And you’ve come to the right place.

In the Caring Families Group you’ll:

- Learn resources to assist you during active addiction
- Build a network of information and support
- Discover new insights about addiction and resources to support your family’s recovery
- Inspire others by sharing your experiences, healthy practices and sources for strength and hope

### Caring Families Groups

#### Every Monday (FREE)

6:30–7:30 p.m. Group

7:30–8 p.m. Q & A

#### **Golisano Children’s Hospital of Southwest Florida**

First Floor Community Room  
9981 S. HealthPark Dr.  
Fort Myers, FL 33908

The Caring Families Group is offered at no charge. Participate in the group as often as you would like.

No registration required.